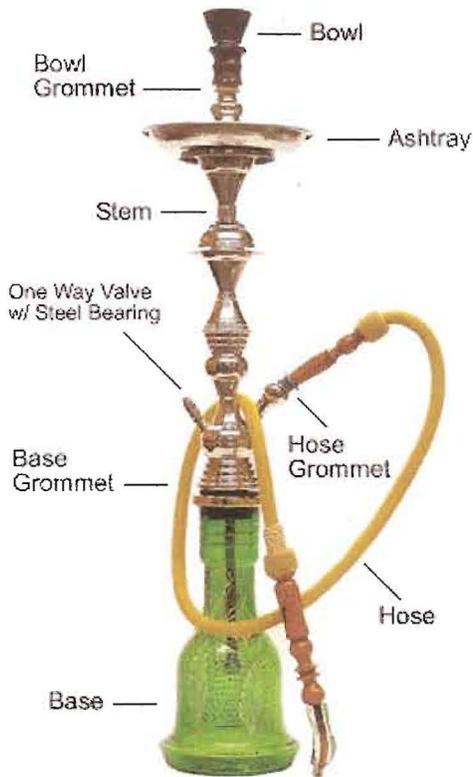


# Hookah 101

Also known as shisha, nargile, argile, water-pipe, or hubble bubble



## Hookah Vocabulary

**Base**– The glass vase located at the bottom of the hookah. Holds the water.

**Bowl**– Made of clay, pyrex or stainless steel. Provides a place to evaporate flavored tobacco.

**Grommets**– There are three types of grommets, hose grommets, bowl grommets, and base grommets. Grommets are all sized differently to ensure that no smoke escapes while smoking with the hookah.

**Hose**– The rubber tubing attached to the shaft. The hose brings the flavored smoke to the hookah user.

**Mouthpiece**– Mouthpieces theoretically serve as a sanitary device. This device is placed on the tip of the hose and allows many people to smoke out of the same hose, using different mouthpieces.

## The Appeal to Teens and Young Adults

Smoking tobacco using a hookah is rapidly becoming a popular trend among teens and young adults. The appeal is attributed to the many flavors of hookah tobacco. Flavored tobacco disguises the smell and taste of regular tobacco. The smoke smells fruity and is not detectable as is smoke from other forms of tobacco.

Hookah tobacco is not taxed the same as regular tobacco making it much cheaper than cigarettes or cigars. A small box of hookah tobacco can cost as little as \$2. Renting a hookah for one session can cost a mere \$8. When split between 3 or 4 friends, the cost is only a couple dollars each!

## Legal Issues

The legal age for purchasing hookah tobacco and renting a hookah is 18. However, proof of age is not always checked at the door of hookah bars. Many establishments only check the identification of the person renting the hookah and purchasing the tobacco. Any number of underage kids could be using a hookah rented to a legal buyer.